



Disability Act Information Sheet 3



PLANNING

People with a disability (you) can ask a service or the DHHS (Department of Health & Human Services) to assist them with planning.



What are plans about?

You may want to do a plan about:

The hopes, dreams and goals that you have for your life.

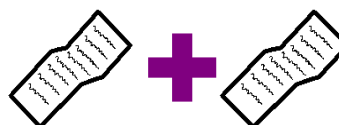
Things you need to support you

Your goals & needs at a service

You can have one plan that talks about everything you do and includes all the services you go to.



Or you can choose to have different 'plans'.



What is a Support Plan?

If you use a service regularly (often), you should have a 'Support Plan'.



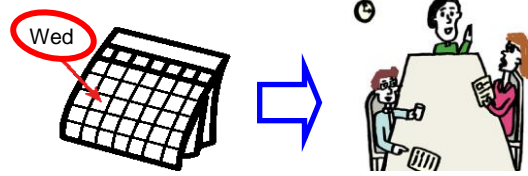
A 'Support Plan' is about your goals and the support you get from a service.



A Support Plan is an agreement between you and the people/service who support you.



When you start a new service they must do a Support Plan within 60 days.



What are the rules (principles) for making plans?

You should know that under the Disability Act 'Plans' must:

Give you choices

Involve your family & friends if you choose

Be put together in a way that you like

Support you to be part of the community

Look at all services and supports