## Staying Safe



Information Session

Be Empowered to Speak Up

VALID has developed a 90 min information session to help people with disability learn about living safer lives.





Know your rights Build your confidence Live a **safer** life Learn skills to help you speak up Help **prevent** abuse

RSVP to jon@valid.org.au - places for this session are limited

**DATE:** Thursday 20<sup>th</sup> February 2020

**TIME:** 10am - 12pm

VENUE: Room 6

Central Ringwood Community Centre

Bedford Park, Rosewarne Lane

(Via Bedford Road)

Ringwood 3134

This session is for people with disability and their supporters



