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VALID e-newsletter issue #39 28/01/21



Reminder that Expressions of Interest to present and perform are open for the 2021 Having a Say conference

Just a reminder that Expressions of Interest (EOI) to present or perform at Having a Say (HaS) conference are open until the 5th of February.

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christine@valid.org.au to organise an extension in time to get your EOI in.

HaS 2021 will be both online and onsite at Deakin Uni Geelong. So you can put in an EOI to do an online or onsite presentation or performance.

More details in the **EOI Form**

If you need assistance with completing your EOI then email or ring us and we can assist you to submit your EOI.

More information about the Having a Say Conference is available here

If you find our e-newsletter interesting you can <u>forward it to a friend</u> or they can subscribe here.

We hope you like it. Feel free to reply with any feedback.

Thanks, The VALID team

Choice Mentor Program

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Lucy is a participant of the Choice Mentor Program at VALID. She has been involved with the program for a year and has gained so much. Her mentor has been a great support, especially during the pandemic. Here is what she had to say about the program.

"It's good to have an outside person, outside my service, because they are an outside person, they can't take sides. Before COVID, we were meeting in the city. Now we meet over Zoom. [My Choice Mentor] is great to talk to, we have talked through things, like the fact that I'm planning to move out into my own place. I think it's great for everyone to have a mentor, just to talk things through with. A lot of people with disabilities might not have many people to talk to, especially with the lockdown, people need company and they need others, especially if they are worried or sad."

If you are interested in becoming a Choice Mentor or having a Choice Mentor support you, you can get in touch with us here

Families as Planning Partners NDIS Course

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There are spots available for our online Families as Planning Partners NDIS Course in February and March 2021. Some of the topics covered are:

☐ Intro to Self-Management: Is self management for you? Learn the tips on how to self-manage your NDIS package
☐ Getting effective support from your NDIS package
☐ How to work with NDIS and service providers and workers.

Find out more and register here http://ow.ly/UYBX50CeRea
For assistance with payment, NDIS claims or more information contact: Maree Hewitt T: 0409 965 264 E: maree@valid.org.au

Take action on NDIS assessments



It is not too late to take action on NDIS assessments. Every

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What you can do

- Share your concerns with the NDIA and all of our MPs
- ∀ Visit your MP in a COVID safe way
- ← Email the Minister for the NDIS

Find out more here

Royal Commission into Child Sexual Abuse in Institutions

National Redress Scheme

For people who have experienced institutional child sexual abuse

Find out more at www.nationalredress.gov.au or call 1800 737 377



From 2013 to 2017, there was a Royal Commission into child sexual abuse in institutions. These institutions were places where a lot of children were forced to live together, such as:

- Kew Children's Cottages

This scheme is to help people who have experienced abuse as a child and want support. Some people will get money from the Redress Scheme.

There is free legal assistance to help you with your application.

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Get Social with VALID

Have you liked our <u>Facebook page</u>? Like our page to keep up to date with the latest news in the sector and important updates. You can also find out more by following us on <u>twitter</u>.

Did you know we have an <u>Instagram account</u>? Check it out and follow us!

Rate this eNews

Excellent
Very good
Good
Not good













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