

## Invite you to join the



# Bairnsdale Peer Action Group



Peer Action Groups provide peer support and encouragement for people with disability to:

- Network with other people experiencing the same situations, needs and issues.
- Learn to make NDIS supports work to achieve personal goals and become more able to make decisions and choices
- Create relationships and friendships that empower and create confidence
- Increase opportunities for recreation, work, and community participation
- Develop self-advocacy skills and learn to access independent advocacy support when needed
- Do projects together to improve and promote more inclusive communities for everyone

[www.valid.org.au](http://www.valid.org.au)

[www.gdai.com.au](http://www.gdai.com.au)



11am – 1pm at GDAL office, 210 Main Street, Bairnsdale.



For more information please contact Annette Axen at VALID on:



0407 375 633



[annette@valid.org.au](mailto:annette@valid.org.au)

### 2021 Dates

**April 20<sup>th</sup>**  
**May 4<sup>th</sup>**  
**May 18<sup>th</sup>**  
**June 1<sup>st</sup>**  
**July 6<sup>th</sup>**  
**July 20<sup>th</sup>**  
**August 3<sup>rd</sup>**  
**August 17<sup>th</sup>**  
**Sept 7<sup>th</sup>**  
**Sept 21<sup>st</sup>**  
**Oct 5<sup>th</sup>**  
**Oct 19<sup>th</sup>**  
**Nov 16<sup>th</sup>**  
**Dec 14<sup>th</sup>**