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Note: activities may change but you will be notified

People with disability registered for the conference can select ONE activity per day



Activity Time slot	Meet in the Courtyard at the sign for your activity 15 minutes before start time				To be held in Costa Hall	Meet 15 minutes before your time on footpath at the Costa Hall entrance
<b>Monday 5<sup>th</sup> Feb.</b> 1.30 – 2.30pm	Gentle Tango 	Badge Making 	Self-advocacy Bingo 	Colouring for adults 	No need to book – just turn up for Open Microphone 	<b>1pm</b> – Harley rides 
<b>Mon. 5<sup>th</sup> Feb. 24</b> 3 – 4.00pm	Dream Catchers 	Speed friendship 	Colouring for adults 	Craft with wood 	<b>Karaoke</b> (book to have a turn singing) (if you want to watch & dance then there is no need to book) 	Harley rides 
<b>Tuesday 6<sup>th</sup> Feb.</b> 11.00am - 12pm	Art - painting 	Lego Fun (Liberty Disability Services) 	Speed friendship 	Craft with wood 	Not a C&T (two performances in Costa Hall)	Harley rides 
<b>Tues 6<sup>th</sup> Feb.</b> 1.00 – 1.45pm	Gentle Tango 	Colouring for adults 	Badge Making 	Hair & Make-up 	<b>Karaoke</b> (book to have a turn singing) (if you want to watch & dance then there is no need to book) 	Harley rides 
<b>Tues 6<sup>th</sup> Feb.</b> 2.15 – 3pm	Speed Friendship 	Dream Catchers 	Art - painting 	Hair & Make-up 	<b>Karaoke</b> (book to have a turn singing) (if you want to watch & dance then there is no need to book) 	Harley rides 

If you have questions about C&T's please email [havingasay@valid.org.au](mailto:havingasay@valid.org.au) or ring Chris 0475 698 884