



Advocacy in Action

VALID is the peak advocacy organisation for people with intellectual disability in Victoria. Since 1989 we've created training, information and resources to empower people with intellectual disability and their families.

VALID Programs

Individual Advocacy

VALID's Advocates provide one-on-one support for people with intellectual disability and family members, helping address issues and making formal complaints. To get an Advocate call or email intake@valid.org.au.

Self Advocacy

VALID's Self Advocacy team empowers people with intellectual disability to become strong self advocates, promoting choice and control in their lives. They improve skills, provide workshops, create accessible information and support NDIS participants and service providers to enhance services.

VALID Connect

VALID Connect offers training, consultations and Easy Read materials to empower people with intellectual disability. Our services include interactive training, workshops on safety and staff training focused on empowerment. We partner with services across Victoria to support rights and accessibility.

Community Development

The Community Development team focuses on inclusion for people with intellectual disability through funded projects, workshops and events. They promote skills, self-confidence, and community participation, fostering partnerships to enhance accessibility and support. By co-designing activities, they empower individuals to advocate for themselves and their communities.

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