

Power Through Knowledge

A project for people with disabilities from culturally and linguistically diverse backgrounds



Join one of our free multicultural disability support groups in **City of Yarra, Hobsons Bay, and Maribyrnong** to:

- Learn about your rights
- Connect with others in a safe and welcoming space
- Enjoy fun activities
- Build your confidence and self-advocacy skills

We can organise an interpreter if you need one – please tell us your preferred language when registering.

For more information, and to register please scan the QR code or contact us on



sorgul@valid.org.au



(3) 9114 9409 or 0490 101 953



Link to form

This project is funded by the Australian Government Department of Health,

Disability and Ageing and delivered in collaboration with



Multicultural Disability Support Groups

UPCOMING SESSIONS 2026

City of Yarra (Fitzroy)

Address: Connie Benn Centre, 160 Brunswick St, Fitzroy 3065

- Wednesday 4 March 10:30am - 12:30pm
- Wednesday 1 April 10:30am - 12:30pm
- Wednesday 6 May 10:30am - 12:30pm
- Wednesday 3 June 10:30am - 12:30pm
- Wednesday 5 August 10:30am - 12:30pm
- Wednesday 7 October 10:30am - 12:30pm

Hobsons Bay (Altona)

Address: Altona Library Meeting Room, 123 Queen St, Altona 3018

- Thursday 19 February 10:30am - 12:00pm
- Thursday 19 March 10:30am - 12:00pm
- Thursday 21 May 10:30am - 12:00pm
- Thursday 18 June 10:30am - 12:00pm
- Thursday 20 August 10:30am - 12:00pm
- Thursday 22 October 10:30am - 12:00pm

Maribyrnong (Footscray)

Address: Footscray Library Conference Room, 56 Paisley St, Footscray 3011

- Wednesday 25 February 10:30am - 12:30pm
- Wednesday 11 March 10:30am - 12:30pm
- Wednesday 13 May 10:30am - 12:30pm
- Wednesday 10 June 10:30am - 12:30pm
- Wednesday 26 August 10:30am - 12:30pm
- Wednesday 14 October 10:30am - 12:30pm