

# About Driving Change

## About this information



VALID wrote this information.

In this information we will say VALID or

- we or
- our.



VALID had a **research** project called Driving Change.

Research is when



- we ask a big question



- we look for answers.

Our question was



**What can the Victorian Government change to make health better?**

We asked



- 25 people with intellectual disability



- 4 parents and carers



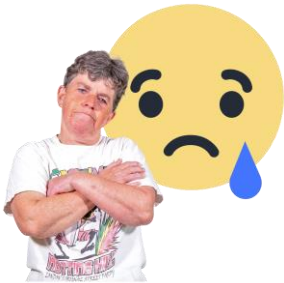
- 3 health professionals.

## About health

People with intellectual disability



- have worse physical health



- have worse mental health



- go to the GP less



- go to the emergency room more.

## The Victorian Government



- can give money



- can make rules



- can ask hospitals to change what they do.

## We told the Government



- about our research



- how to make health better.



We have 3 **recommendations** to make health better.



A recommendation is an idea.

# About funding



**Funding** is when you get money and support.



We got funding from the National Centre of Excellence in Intellectual Disability Health.



This funding was for Driving Change.