

More ideas for better health

About this information



This information is about other ideas to make health better.

The Victorian Government



- can make some changes by itself.

For example, follow our recommendations.



- can make some changes with help.

For example, with help from universities.



- can help us ask the **Federal Government** to make changes.



The Federal Government is the boss of the entire country.

What we need to change



GPs need more training about intellectual disability.

GPs need to learn more about



- how to think about disability

- how to do yearly check-ups



- how to communicate.



For example, GPs need to use Easy Read.

The Government needs to change **Medicare**.



Medicare helps you pay for doctors and other services.

A change to Medicare means we can have



- longer GP appointments



- more **allied health** sessions per year.

Allied health is



- physiotherapy



- psychology



- occupational therapy

- and more.

Who needs extra support



Many people with intellectual disability live in regional or rural areas.

This means that



- they do not have many health workers nearby



- they must travel far to get healthcare.

The Government needs to



- hire more health workers in the area



- help people connect with health workers outside the area.



For example, let someone video call a specialist in Melbourne.



Parents and carers need good information on healthcare.

Information can be



- confusing



- hard to find



- in the wrong language.

Parents and carers need help to find good information.

The Government could



- make a hub or website



- run workshops.

Support workers help people with intellectual disability



- to go to appointments



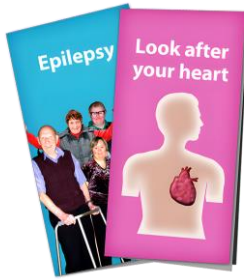
- to explain their concerns



- to understand health workers

- and more.

Support workers need training



- on health



- on how to **advocate**.



Advocate means to speak up when something is wrong.



What should not change

People with intellectual disability need the NDIS.

Without the NDIS, it will be harder for people



- to get to appointments

- to use healthcare

- to take care of their health.