

Recommendation 2

About this information

This information is about our second idea.



Our second idea is to set up **outpatient clinics.**

Outpatient clinics are when



- you visit a hospital



- you see a doctor with special knowledge.



We want doctors with special knowledge about intellectual disability.

What is wrong



Most people go to a **General Practitioner** for help with their health.

We use GP for short.

A GP can



- find out why you feel sick.



- give you medicine.



- give you a vaccine.



- give you a **referral**.

A referral is when you are sent



- to get a scan.



- to get a test.



- to visit a doctor with special knowledge.

For example, to see a doctor who knows about the heart.

GPs have



- short appointment times



- a lot of patients



- not much training about disability.

GPs are not allowed to do some things.



For example, GPs can't use **sedation**.



Sedation is medicine that makes you feel calm.

This means GPs can't always give the best support.

What can be better



We need a doctor with special knowledge about intellectual disability.

This means a doctor



- who has special skills



- who has good training



- who can give the best support.



This doctor can give more support to people who need it.



People should be able to choose this support if they need it.



Not everyone needs this support.